

Orem

Recreation

Winter programs

Youth Wrestling

Ages: 5-11 years old

Location: Orem High School
Wrestling Room

Fee: \$35.00 (includes t-shirt); limited to first 45 participants

Dates: Tuesdays/Thursdays

Mar 1, 3, 8, 10, and a tournament on Saturday, March 12, 2016 (from 9-10:00 AM).

Time: T & Th 4:30-5:30 PM; Sat 9:00-10:00 AM

For more information, contact 801-229-7167

High School Flag Football Tournament (8 on 8)

For all students in Grades 10-12 — Orem City is holding a High School Flag Football Tournament on April 16th. Fee is \$250 for 3 games guaranteed. We will play 8 on 8 can be Coed. Registration will be accepted on a team basis only.

For more information, contact 801-229-7167

NEW Floorball

Ages: 8-11 (5:30-6:30 pm)
12+ (6:30-7:30 pm)

Location: Orem Fitness Center

Fee: \$20.00; limited to 15 students/age group/night

Dates: Tuesdays/Wednesdays

February 2-23

March 8-29

April 5-26

Floorball is a type of floor hockey, played with five field players & a goal keeper. All equipment will be provided. Floorball players do not wear any protective equipment—only a t-shirt, shorts, and athletic shoes are required.

For more information, contact 801-229-7118

Waterballs

The Orem Fitness Center now has Waterballs! Come walk on water every Friday night from 6-10pm! Balls are open to ages 5 and up for FREE with a membership or daily admission. Participants must be in swim attire.

For more information, contact 801-229-7159

Lifeguards Wanted

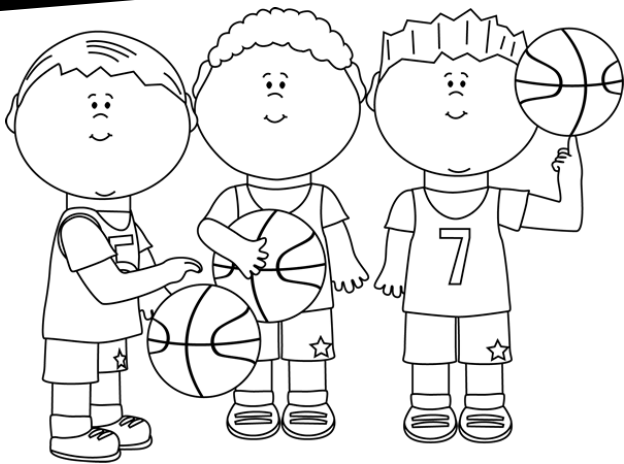
Now hiring morning/day time (before 3:00 PM) lifeguards. Starting wage is \$9-11/hr DOE. Apply online at www.orem.org.

For more information, contact 801-229-7159.



Visit www.oremrecreation.com to register or for more information.

Orem Recreation Winter Programs



Little Hoopsters

Ages: 5-8 (boys & girls)

Location: North Gym at the Orem Fitness Center

Fee: \$35.00

Dates: Wednesday (March 2, 9, 16, 23)

Time: 4:00-5:00 PM

Basic passing, dribbling, & shooting skills taught ; teamwork, sportsmanship and fun will be emphasized. Fee includes a T-shirt .

Little Athletes

Ages: 5-8 (boys & girls)

Location: North Gym at the Orem Fitness Center

Fee: \$35.00

Dates: Wednesday (March 30, April 13, 20, 27)

Time: 4:00-5:00 PM

Basic baseball, basketball, football, & soccer skills taught with emphasis on team work, sportsmanship, and fun. Fee includes a T-shirt.

For more information, contact Sean at 801-229-7167

Visit www.oremrecreation.com to register or for more information.

Tiny Tots Sports Camps

Ages: 4-5 boys & girls

Location: North Gym at the Orem Fitness Center

Fee: \$30.00 (includes t-shirt)

Dates: Monday & Wednesday,

Session 1 = Feb 1, 3, 8, & 10

Session 2 = Mar 7, 9, 14, & 16

Time: 10:00-11:00 AM

Participants will be instructed in fundamentals of baseball, basketball, & soccer. Team work & sportsmanship will be emphasized & there will be lots of FUN!

For more information, contact Sean at 801-229-7167

Registration

is also being accepted for:

- Fishing
- Tennis
- Swim Lessons
- Girls Softball
- Adult Softball
- T-ball
- Coach Pitch
- Machine Pitch
- Lacrosse
- Hunter's Education Classes
- Lifeguard Training
- Scout Pow -Wows (including swimming, life saving, first aid, archery, and rifle shoot merit badges.)

