November, 2013

SEGO LILY OFFICE HOURS 7:30 AM-4:00 PM

### Important Dates

RUR

Nov. 12 Community Council 4:00

- Nov. 15 End of Trimester
- Nov. 21 Temples and Tombs 6:00 PM
- Nov. 25 Lehi Family Week
- Nov. 27-29 Thanksgiving Break
- Dec. 12 Christmas Choir Performance 6:00 PM
- Dec. 13 Dudes and Donuts S-Z Early Birds: 7:30-8:00
- Later Gators: 8:45-9:15 Dec. 23 Christmas Break
- Jan. 6 Welcome Back!



Sego Lily Elementary School 550 East 900 North Lehi, Utah 84043 (801)610-8717

#### **Principal's Message**

In November I am reminded to stop and think about what I am thankful for and that includes my Sego Lily family.

I am grateful for a dedicated community that cares about kids. Just this week after the Reflections Open House, I was impressed with the volunteers. They stayed long after the awards were over and cleaned up the mess so Chuck wouldn't have



Mrs. Johnson

to the next morning. I know these women had things to do at home like feeding their families dinner, putting their children to bed, and I'm sure many other tasks. I want to thank their husbands too, for I know they were taking care of the children at home.

I marvel at the Red Ribbon week committee and how their hours of service provided activities that taught our children about the dangers of drugs These volunteers could have stayed home and "taught their own kids" about drugs, however; they care about all of our kids. I have never seen a PTA like ours.

I am thankful for our Community Council who take their job very seriously. Each member donates hours of their evening time to make sure every dime spent, of Trustlands money, is getting Sego Lily the most bang for our buck. They also advocate for safe walking conditions and continue to work with the city and police to ensure safety.

I am thankful for the countless volunteers like Watch DOGs Dads, Star Reading tutors, and other individuals that tutor their children's peers because they love all children and want what's best for the children in our neighborhood.

It has been said that through service you learn to love people and it is true. I truly feel blessed to witness your acts of service on a daily basis. This is a special area that houses one of the most loving communities I have ever seen. Thank you for your example and your service.



#### A Veterans Day Appreciation Letter From Isabella,

## Dear Mrs. Rivera,



Isabella Bagley In Mrs. Shelton's 4th grade class

I was so glad you have the opportunity to know and be friends with someone that is in the military. I am also surprised how much courage you had to go up there [the stage] and talk about the Army. I am proud to be an American and I am so grateful for the military, education, and everything more we can learn about it. Thanks,

# Isabella

### **Veterans Assembly**

On Veterans Day, Colonel Bob Wakefield spoke, at an assembly, to all the children at Sego Lily. He shared his feelings about his service in the Marines.

Colonel Wakefield was in the Vietnam war and told the children how when he returned home, there was not a warm reception because the war was not popular. He then contrasted how today, soldiers are treated better when they return home from duty.

Colonel Wakefield also shared the story of the Americans who gave up their first class seats, in Florida, to the soldiers just last week. "We need to carry on the tradition of being grateful to Veterans and giving up their seats showed gratitude," he stated emotionally.

Another message Colonel Wakefield shared was to always be patriotic and respectful whenever we hear the National Anthem.

After Colonel Wakefield, students watched a few video clips about the Marines. Following the videos, Mrs. Rivera's husband Willard, spoke to the children about the military and how they fight to protect freedoms for all people--especially for all the children of the world. Please Join Us At Our Chick-Fil-A Spirit Night For Sego Lily Bring Vouchers and Sego Lily will receive 20% of your purchase.

## Date: Monday, December 2nd Time: 5:00-8:00 PM

Download your voucher by visiting our school website http://segolily.alpine-schools.org Or, scan our QR code.

Invite friends, relatives, and neighbors and give them our voucher!

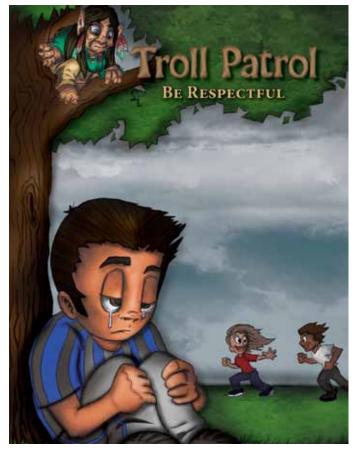




# Be Respectful

"Be Respectful" is November's Troll Patrol value. Students in Mrs. Moore's 5th grade class wrote a script of their version of Kid Snippets and created Troll Snippets. The assembly had students rolling with laughter. This was one of our funniest movies yet.

Students learned about being respectful. Showing respect means you don't ask why someone only gave you one scoop of ice cream. Showing respect means you say please and thank you. Students will also learn that being respectful is a great way to make and keep friends.



# Local Artist Illustrates Book

Sarah Brown, one of our very own Sego Lily parents, and Kenny Bryson, a local art teacher at American Fork Jr. High School and former Sego Lily

student (in Mrs. Taylor's class), are illustrating the Be Respectful book. Their passion to help children learn not to bully one another is beautifully illustrated in a story about a boy who struggles to make and keep friends because he does not respect others.





# **Letters From The Troll**

Students in Miss Siglin's 2nd grade class love writing and receiving letters from Bob the Troll. Here's what they had to say:

"Here in second grade, we love writing letters to our favorite troll, Bob! Several times a week, and sometimes even several times a day, some friends write letters to Bob and put them in the troll log (mailbox). He's even learning how to spell better since some of us send him spelling lists! Then we wait and wait, and wait some more, and sometimes we get kind of impatient while we wait. One time, he went on vacation to visit his other troll friends, and we missed him like crazy!! Another time, he even got a cold, which is sad. But, finally, he makes his rounds and he writes back to us!

We've learned that he likes chocolate chip cookies, vanilla cupcakes with frosting and sprinkles, lemon cake with custard in the middle, colorful fall leaves, playing tricks, and visiting friends. Like the BFG, he doesn't know how old he is or when his birthday is, but maybe someday he'll find out. And, of course, he loves his friends!" Miss Siglin









Students of the month were honored for being honest! Teachers selected students and they each received Certificates, Spirit Sticks, and gift certificates from local business. We want

to thank: Chick-Fil-A, Classic Fun Center, Brick Oven, Del Taco, and Applebee's for supporting our students by their generous donations of gift certificates!







## **PTA Red Ribbon Week Adventures!**



Did you know Sego Lily PTA has a Facebook page? Segolily PTA Make a friend request today.

### **First Grade Makes Puppets**



Mrs. Carr's Class Serenades Office Staff



It's been a long standing tradition for Mrs. Carr's 3rd graders to serenade the office staff with their holiday classics. Students sang a spooky Halloween song which made everyone smile. Thank you Mrs. Carr's class!

The PTA is seeking gently used toys for their Good Choice Store. The kids love recycled toys. What a great time to go through your toy chest right before Christmas!



Mrs. Daly's class made "Reading Buddy" puppets. The socks and some of the supplies were donated by parents. Each student designed their own puppet. Parent volunteers came and helped with hot gluing the parts onto the socks. The students keep their puppets in their reading boxes and use them during independent reading and partner reading time. Thank you parents for helping us with this activity.



Sego Lily School Choir practices on Halloween! Nothing stops the choir from preparing for their Christmas concert.



Christmas Concert December 12th at 6:00 PM

### Watch DOG DADS

Colby Harris with his children Rayne, Braxton, & Hadley







Let's talk about e-cigarettes. With all the talk about HB245, which explains the state regulations about e-cigarette usage, I thought it would be helpful to give parents a couple of websites that can be accessed easily. You can also read the complete "Utah Indoor Clean Air Act" at: http://le.utah.gov/~2012/bills/ hbillint/hb0245.htm Utah lawmakers look to regulate child access to ecigarettes Students who try e-cigarettes

more likely to start smoking SALT LAKE CITY — Even though laws prohibit it, children and teens in Utah have access to and are using elec-

#### Healthy Hints From Nurse Bodily RN November, 2013

tronic cigarettes, and some state lawmakers intend to change that.

As many as one in 20 students across Utah have admitted to trying what are casually called "e-cigs" or "mist sticks," according to a 2011 survey conducted by the Utah Department of Health. Those students were also found to be significantly more likely to smoke regular cigarettes. Rep. Paul Ray, R-Clearfield, said Wednesday that in the coming year, he will be pursuing legislation that would limit access and marketing of vaporizing nicotine products to children. He's also interested in laws that would regulate labeling, provide consistency throughout the market and give officials the ability to inspect the manufacturing and sales process of electronic

cigarettes.

"Something has to be done," he said. "We have to have a discussion on how to keep these out of the hands of our children."

Ray said the products are being heavily marketed to children and teens, "in order to get them hooked on tobacco." He said a Weber County high school confiscated dozens of the electronic cigarette devices earlier this year, and that a Davis County school had an issue with at least one student smoking a similar device during class time.

"These are out there and kids are using them," Ray said. Legislation passed in Utah in 2010 gave districts the authority to develop their own rules and policies on the products, but Rep. Ronda Menlove, R-Garland, said little might have been known about it then.

She believes increased awareness of and education about electronic cigarettes will lead to better practices with time. Weber County School District spokesman Nate Taggart said Wednesday that electronic cigarettes fall under an existing policy dealing with paraphernalia of any kind, which is taken from students on a semiregular basis.

Ray is most concerned with the perceived health issues surrounding use of the devices, which he said project the same toxic chemical as cigarettes. The vaporizers are not yet regulated by the U.S. Food and Drug Administration and few studies have exhibited any benefits or harms of their use, he said. Rep. Brian Greene, R-Pleasant Grove, said he wouldn't support any legislation that prohibits adults from using electronic cigarettes, or imposing an increased tax on the product.

Ray, who worked for years to pass legislation banning synthetic marijuana products in Utah, said he wants to protect children, for whom even small doses of nicotine can be lethal. "There is a health risk, as these contain nicotine, and nicotine can be more addictive than heroin or cocaine," he said, adding that refill cartridges for the devices come in a variety of tempting flavors and the devices rarely contain an on/ off switch, making for "quick and easy" delivery of the vapor it produces.

Ray said problems surrounding electronic cigarettes won't likely be addressed with just one bill, but might require continued pressure and action for years to come. He invited the industry to work with him on the process.

New numbers are expected following this year's health department survey of eighth-, 10th- and 12th-graders, expected to be published prior to the 2014 legislative session. Additional questions specifically involving electronic cigarettes have been added to the survey. Retrieved on October 23, 2013 from: http://www.deseretnews. com/article/765629756/Utahlawmakers-look-to-regulatechild-access-to-e-cigarettes. html

Another great article: http://www.sltrib.com/sltrib/ news/56940723-78/utah-cigarettes-cigarette-frazier.html.csp



#### Mr. Hullinger Goes Marzano!

Mr. Hullinger's students have been using Marzano's six-step process for teaching vocabulary. Direct vocabulary instruction is imperative for elementary students. Vocabulary provides students a necessary background knowledge needed for comprehension across all subjects and content areas in school. A strong vocabulary is connected to academic success. Marzano's approach is a researched based process that is highly effective in drastically increasing student's vocabulary. The attached photo is of students performing Marzano's third step, Creating a picture of the new term in order to construct a visual memory of the new word.