# Sage Hills Elementary \* 3033 Swainson Ave \* 801-610-8723

### MAY:

- 2 SCC @ 4:00pm
- 7-11 Staff Appreciation Week
- 11 Take Home Library books due
- 11 PTA Annual Mtg. & Voting 6:00 pm
- 11 Rootin' Tootin' Choir Performance @ 6:30pm Art Show 6:00-7:30 pm
- 14-18 Library books due
- 24 CRT Testing Ends
- 24 6<sup>th</sup> grade vs. Staff softball game 9:30-11:00
- 25 Field Day Grades 1-3 9:30-11:00 Grades 4-6 12:30-2:00
- 28 Memorial Day **NO SCHOOL**
- 29 Kindergarten Field Day
- 29 Reading Celebration
- 30 6<sup>th</sup> grade Advancement 10:00 am
- 31 Last Day of School A/C track 8:00 - 9:30 B/D track 8:45 - 10:15

JUNE:

11 PTA Meeting @ 10am JULY:

9 PTA Meeting @ 10am <u>AUGUST:</u>

- 13 PTA Meeting @ 10am
- 21 School Starts grades 1-6
- 28 Kindergarten begins

Summer Library:

Tuesdays 10:00-12:00 June 5, 12, 19, 26 July 3 (tentative), 10, 17, 31 Aug. 7 Books are Due

## Principal's Message

Parents, Teachers, parents, and schools have a common goal and shared responsibility to have children perform well on tests. Tests are the primary means on which students and schools are measured.

Ronald Dietel wrote "Helping Your Child Perform Well on Tests." He said, "Many test preparation recommendations focus on the *physical* aspects of being prepared for a test. Get a good night's rest the night before. Eat a good breakfast. Relax mentally.

"I think the goal is to motivate but not freak them out, and to help kids see that their performance is not tied to parental love. The other big idea, rather than a gimmick—is to help kids understand that effort, not smarts, make the difference."

Did you know that parents play a tremendous role in test taking? Parental involvement in their children's school is advantageous. It has been linked to students' academic success.

Melissa Kossler Dutton wrote an article in August 2009 on "How to Motivate Kids to Succeed in School." In this article she mentioned the following:

- 1. Parents need to help their children learn to take pleasure in their school successes. Self-satisfaction can be a powerful motivator. The best way to motivate children to do well in school is to let them know you value education, help them set attainable goals, and create an atmosphere in the home that is conducive to academic success.
- 2. Recognize it is okay to celebrate good grades as long as it is approached in the right way.
- 3. Children are far more likely to succeed in school if they know their parents consider education important. Parents play a pivotal role in a child's academic success.
- 4. Parents can show their commitment by checking assignments, helping kids relate their schoolwork to the real world and attending school functions. School websites and teachers' email or web pages make it easy for parents to stay on top of assignments.
- 5. Parents also can show their support by asking to see graded homework papers and tests, and offering to go over materials with their children. It's a good idea to regularly review your student's assignment notebook and homework.
- 6. Parents need to provide their kids with a place to do homework, study for tests and complete projects.

www.cse.ucla.edu/.../parents/cresst HelpYourChildonTests 010804.d

http://www.columbusparent.com/content/stories/2009/08/01/cpfeature\_grades.html

I encourage parents to support their child's academic endeavors, classroom teacher, and school. We look forward to scoring and soaring high at Sage Hills.

~Mrs. Holbrook

SpellCheck RAZ KIDS
This year for Spellcheck we brought in \$3,111.31.Every K-3 student has online access to RAZ Kids. This program is found online and will increase student- reading levels.Thank You to everyone whoEvery K-3 student has online access to RAZ Kids. This program is found online and will increase student- reading levels.
participated! Every student has a password that can be accessed all summer long.
If you haven't sent in your pledges yet, you still can. :) Please have your children read 20-30 minutes daily or RAZ kids © Especially during the summer!
If you would like to be added to the email list for updates & volunteer opportunities, please send your email address to sagehillspta@gmail.com Instructions: 1. Go to <u>www.raz-kids.com</u> from your internet browse and click on Log In. 2. Type in the teacher's username. If you do not have this, please contact with your child's teacher as soon a possible. 3. Find your name or symbol. Click on your symbol.
Happy Summer Reading!   If you would like to receive updates via e-mail please visit our blog at

sagehills.blogspot.com and **FOLLOW BY EMAIL** in the right hand corner.



#### Lost and Found

Are you missing hats, gloves, jackets, coats, lunchboxes, or backpacks? We may have it in the Lost and Found.

Please come and check. All items will be donated to Goodwill on June 8<sup>th</sup>.

March winner: Christa Gallegos in Mrs. Dibb's class	Child's Name:
Please fill out and have your child turn into the office. We will be giving the winning student a \$5.00 Wal- Mart gift card.	Teacher's Name: Parent Signature:

School Community Council is seeking nominations for upcoming elections from: Jacobs Ranch, Fox Hollow, Harbor Bay, and Pelican Bay

If you are interested, please send in your name and telephone number by May  $18^{th}$ .

Last Day of School	School Spírít Week
May 31st	May 21-25
A track/AM Kindergarten 8:00 – 9:30 B track/PM Kindergarten 8:45 – 10:15 * * Be prepared to meet buses 15-20 minutes prior to starting times. * * No breakfast or lunch served on last day	Monday, 21 <sup>st</sup> – Slípper Day *Bring extra shoes to wear outside Tuesday, 22 <sup>nd</sup> – Hawaíian Day Wednesday. 23 <sup>rd</sup> – "Fill a Bucket" Day *Wear school shirts and/or colors Thursday, 24 <sup>th</sup> – Team Player Day *Wear your favoríte team jersey Fríday, 25 <sup>th</sup> – Hat and Sneaker Day

Calling all **2012-2013 Kindergarten** children who <u>have not</u> registered, please come to the school to register soon. We need to know the enrollment count for kindergarten so we have the appropriate number of teachers. Please tell all new neighbors and those who do not have older siblings at Sage Hills.

To ensure that Sage Hills has the correct number of teachers for the 2012-2013 school year, it is imperative that we have an accurate enrollment count. A note was sent home April 25<sup>th</sup> with every child.

WE NEED 1 FORM PER CHILD RETURNED PLEASE.

Please fill out this form and return it to school by May 4<sup>th</sup>.

You will also be receiving a telephone call the end of July or first part of August to verify attendance at Sage Hills so that class lists might be finalized.

Thank you for your help and cooperation O

All fines must be paid before a student will receive their promotion slip on the last day. The following need to be turned in or a fine will be assessed:

- 1. Take Home Library books turned in or paid for by May 11th.
- 2. Lunch charges
- 3. Library books
- 4. Classroom books textbooks and teacher books

Thank you Student Council and 5<sup>th</sup> grade teachers for a great job this year! Watch for a summer activity calendar to come home the last week of school!

## ways to get them to ten the truth

Politicians do it. Athletes do it. Role models do it. And, of course, kids do it too -- lying. Their fledgling attempts at deception can be almost funny, but how do you nip lying in the bud? By creating a 'safe environment' for the truth, one expert says.

## By Amy McCready, TODAY Moms contributor and Positive Parenting Solutions founder

Consider the following scenario: you're peacefully reading on the sofa when Buddy, the family dog, walks in to snuggle beside you. But when you absent-mindedly pat him on the head, something feels sticky, and it's not a cold, wet nose. It's ketchup. All over Buddy.

"Devon!" You yell in the general direction of your 6-year-old.

"What?" He shouts back, peeking into the room.

"Did you put ketchup on Buddy?" you demand, although there's not much room for doubt. Buddy is a smart dog, but he can't open ketchup bottles.

"No," Devon responds in his most innocent voice. And now you're facing the unfortunate problem of having caught Devon in a lie. And that's the third time this week, despite your best attempts to let him know in no uncertain terms that lying is unacceptable. Why doesn't he "get it?"

Lying is certainly a frustrating challenge for parents, but fortunately, it's one we can fix with a few adjustments to our parenting style. Let's take a look at why kids lie. By understanding where they're coming from, you'll start to see what you can do to get the truth in the future.

One of the most obvious reasons for lying is to avoid punishment or an unpleasant outcome. It's hard for a child to be honest when she knows she may face physical punishment, humiliation or a good tongue-lashing. And can you blame her? Even as an adult, you may do the same when faced with an angry boss or nagging neighbor.

Another reason is to avoid losing favor in your eyes. The last thing kids want to do is disappoint their parents they'd rather lie than have you think less of them for something they did (or didn't do). And finally, kids always want a reaction, so they'll tell outlandish stories to impress you or others.

Many parents come to me very concerned about their kids' repeated lies. When I ask them how they respond to lies, they usually describe some form of swift and stern punishment. Unfortunately, this creates a vicious cycle: As kids are punished for lying, they're less likely to tell the truth in the future. The punishment creates a result that's exactly opposite from what we're looking for.

But since lying really is a serious misbehavior, how can you address it without fueling the problem? Try looking at

the problem another way: Instead of doling out punishment for every fib, we want to make sure to create a safe environment for the truth. Below are seven ways to do that.

#### 7 Ways to Create a Safe Environment for the Truth

1. Be aware of how you respond to misbehavior in general. If your kids are worried about being punished or yelled at when they mess up, they won't feel safe telling you the truth. Practice using your calm voice (although it can be hard at times!) and focus on solutions that will solve the problem instead of assigning blame.

2. Allow your child to save face. Don't give your child the opportunity to fib by asking questions to which you already know the answer. For example, instead of asking, "Did you finish your homework?" try, "What are your plans for finishing your homework?" If your child hasn't completed his homework, he can save face by focusing on a plan of action rather than inventing a story.

3. Focus on the feeling. When your child is being dishonest, try to understand what made him feel that he couldn't be honest with you. Instead of calling him out about the lie, try, "That sounds like a bit of a story to me. You must have felt afraid to tell me the truth. Let's talk about that." You'll get the honesty you're looking for, as well as information that may help you foster the truth in the future

4. Acknowledge and appreciate honesty. Express encouragement when your kids tell the truth. "That must have been difficult for you to tell me what really happened. I admire your courage for telling the truth. You are really growing up!"

5. Celebrate mistakes. Think of mistakes as a way to learn to make better choices in the future. If kids know that you won't be angry or disappointed when they mess up, they'll be more likely to share honestly. To respond, simply say something like, "That's a great opportunity to learn for the future. If you could have a do-over, what would you do differently?" If your child's actions negatively affected another person, ask what needs to be done to "make it right" with the injured party.

6. Reinforce unconditional love. Make sure your kids know that while you sometimes don't like their behavior, there isn't anything they could possibly do that would change your love for them.

7. Watch your white lies. Remember that young ears and eyes are always tuned in. Whether you're failing to correct the barista who gives you too much change or making up a story about why you can't volunteer at the school fundraiser, remember your actions set the example for acceptable behavior.

By following these guidelines, you'll soon notice a sharp decline in the lies your kids tell. What's more, you're showing them that no matter the situation, everyone benefits from the truth.