

# NORTH North Point Elementary PTA Newsletter

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North Point Elementary School 1901 N 2300 W Lehi, UT 84043 Office Phone: 801-768-0335 Mr. Kim Roper, Principal

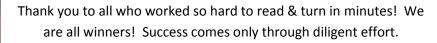
## Calendar of upcoming Events :

2<sup>nd</sup> Trimester Ends Prof. Development-Minimal Day Report Cards Sent Home SEPs (Parent/Teacher Conferences) **PTA Board Meeting** Knowledge Bowl District Competition Teacher Appreciation Week Knowledge Bowl District Competition School Play- Wizard of Oz **5<sup>th</sup> Grade Donut Date** Spring Vacation- No School Friday, March 1 Monday, March 4 Tuesday, March 5 Tuesday & Wednesday, March 5 & 6 **Wednesday, March 6, 9:30 a.m. @Kiva** Saturday, March 9 & 16 Monday – Friday, March 18-22 Saturday, March 23 Wed, March 27-Thurs, March 28 **Thursday, March 28** Monday-Friday, April 1-5 OUR NORTH POINT PTA MEETINGS ARE HELD ON THE FIRST WEDNESDAY OF THE MONTH AT 9:30 AM IN THE KIVA.



All are invited to attend

## Congratulations Navigators... we earned a visit from Kevin Murphy from the Utah Jazz!



## **Jazz Read-A-Thon**



Thank you to Lynette Hancock & Lisa Owen for their hours of volunteer work to bring us this great program.





## **Navigators Get Fit**

It's Time to GET FIT!

Starting in March we will be kicking off our Annual PTA Fundraiser! It's important to our PTA board that we only have one major fundraiser each year, and that it be a meaningful fundraiser. To this end, we offer the GET FIT program along with our fundraising drive. The GET FIT program is a series of challenges and information given to students and their families to help increase awareness of healthy living.

These challenges are meant to help parents in the discussion of health and fitness with their children. They are completely optional, and meant to be fun! Along with each challenge sent home, there is a little prize drawing entry form. Keep in mind, we have no interest in reading into your student's answers on each of these drawing forms, it's just a way to help them pull important information out of the content provided and internalize the information. At the end of each challenge period we will do a drawing and reward several prizes to students who have participated in the drawing. Prizes will be on display in the front hallway display case.

The fundraising portion of Get Fit to Fund will be April 22-26. We are asking for \$30 per student for this fundraiser. Each student who meets the goal of \$30 will be awarded their own JUMP ROPE! This jump rope not only offers lots of fun and fitness, but it will be accompanied by an invitation for the entire family to the FAMILY FITNESS PARTY! We will have jump rope contests, hopscotch, hula hoops, and lots more fun for the entire family. Mark your calendar now for Saturday, April 27th from 10-Noon. It will be behind the school. Everyone who participates in our fundraiser is welcome to attend.

Here are some links for the Get Fit challenges that we will be sending home in March. We decided to do one every 2 weeks, so there will be 2 sets for each of the next 2 newsletters.

#### 1. Our first challenge (March 4-16) is: Screen Time:

http://www.jpeds.com/article/S0022-3476(08)00176-5/abstract http://www.pta.org/topic\_decline\_of\_physical\_activity.asp

## Children and TV: Limiting your child's screen time (Mayo Clinic)

http://www.mayoclinic.com/health/children-and-tv/MY00522

Limit TV, Video Games, To Two Hours A Day To Reduce Childhood Obesity, Study Suggests (Science Daily)

http://www.sciencedaily.com/releases/2008/04/080416081631.htm

#### 2. The second challenge (March 18-30) Sleep & Hygiene: Sleep: http://singleparents.about.com/od/parenting/f/sleeprequire.htm

Hygiene: <u>http://health.kaboose.com/kids-health/hygiene-kids.html</u> <u>http://health.kaboose.com/kids-health/good-hygiene.html</u> <u>http://health.kaboose.com/kids-health/older-kids-deodorant-skin-feet.html</u>

#### News from the PTA Education Commission:

<u>Storytelling</u>: We had our final storytelling assembly. The students did awesome. It was so fun to hear how well prepared they were. The winners who will be representing our school at the Timpanogos Storytelling Festival tryouts will be **Abby Shumway** and Zachary Tew. Good Luck to you!!!

**Knowledge Bowl** will be having their final school competition on Wednesday March 6 at 6pm. Come in and watch their competition while you are at SEP's and see what Knowledge Bowl is all about. The district competitions will be March 9 for the 4-6 graders, and March 16 for the 3/4 graders. We hope you do well. Next year we will be studying Geography. If you are interested in this topic and would like to have fun being on a team look for sign-ups coming soon.

Jazz Read-A-Thon: We ended out Jazz Read-A-Thon with on February 19th. The students read over 1.3 million minutes. Our school placed in the top 12 and we had an assembly with not one but 3 NBA players. We had (Mr. Roper and Mrs. Sitake aliases as retired NBA players), and a current player with the Utah Jazz- Kevin Murphy. Kevin read to the kids and shot baskets for them. It was a lot of fun. Congratulations to the students. Thank you, students, parents, and teachers, for all of your hard work and for making the Read-A-Thon a huge success. —Lynette Hancock, PTA Education Commissioner



Teacher Appreciation is coming March 18-22. We are so excited to celebrate all the teachers and staff at North Point! The week theme is "North Point teachers and staff are SUPER!" (Super Hero themed) \*\*Notes, cards, and classroom supplies are great ways to let you teacher know you appreciate them\*\*

The PTA will be providing lunch on Wednesday, March 20th for all teachers and staff and will do other fun "thank-you"s during the week.

Room Parents will help coordinate decorating doors (doors can be <u>any</u> theme, they DO NOT need to be superhero!) Room Parents will also be in touch with more information about class plans.

Please help us make this a special week for the Teacher's and Staff at North Point!

# Teacher/Staff Birthdays in March:

- Andrew Payne 3<sup>rd</sup>
- Kimberley Campbell 4<sup>th</sup>
- Mrs. D. Knight 12<sup>th</sup>
- Rachel Palmer (PTA Co-Pres.) 28<sup>th</sup>
- Mrs. J. Johnson 29<sup>th</sup>
- Andrea Koon 30<sup>th</sup>



## North Point has R.A.D. (Really Awesome Dad) Dads!

**Thank you** to you awesome Dads who have come help during the lunch recesses!

RAD Dads: Come have lunch with their students & play at recess (helping to monitor the playground<sup>®</sup>).

Here's the link to the signup: <u>http://www.signupgenius.com/go/70A0F44ABA6</u> 28A64-lunch