



# Explorer News

## Principal's Message - Mr. Jeremy Brunner

Great things are happening at Foothill Elementary! I cannot help but feel the need to share just a few of the wonderful things that makes Foothill Elementary School an amazing place to learn and work.

Yesterday, our school hosted a district School Board Meeting. It was really fun to recognize some of the students, teachers, volunteers, and aides. The following people were celebrated for their wonderful character and dedicated service: June Zimmerman, Than Huffaker, Elle Pedersen, Nisha Jarman, Maddy Garside, Anna Davis, Alexa Whiffen, William Thayer, Camie Granados, Shannon Tolman, Mary Billings, Nan Black, Emily Robertson, and Bryan Shirk.

Our Reading contest was also a huge success! The goal was for students to each do an extra minutes of reading each night to total 150,000 minutes. By the end of the contest, the students totaled over 290,000 minutes! We took the top two students in each class to Pizza Pie Cafe for lunch, and we had a really fun school-wide crazy hair and pajama day. The top class in each grade level will have a soccer and donut party with me next month. Thank you for submitting your child's minutes!

Thank you for all you do to support this school and your child's education. It is an honor to work at Foothill Elementary School!

Sincerely,  
Jeremy Brunner  
Principal



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Nursing News

Please submit photos for the yearbook to [suzyb@alexanders.com](mailto:suzyb@alexanders.com). Or share them with this email through google.

# PTA President's message

**Amy Oakey**

The PTA would like to thank all the volunteers who helped make the book fair run well. Your hours of service were greatly appreciated. We would also like to thank the parents for supporting it. We are grateful for the many books that you donated to the teacher's classrooms.

The pictures are of students, staff, and volunteers who were recognized at the School Board meeting held at Foothill in February.

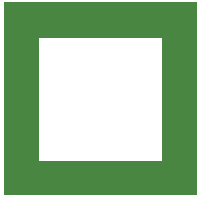
There will be a PTA meeting, March 14 from 10-11 in the media center. We hope to see you there.



## In other news.....

Congratulations to Foothill's Ballroom Team!! Level 1 took gold and bronze and level 2 took gold and silver at UVU in February. Only 10 Elementary schools get to go to BYU in March to compete and both level 1 and level 2 qualified to go! The kids are preparing dances for the arts festival in April and are looking forward to showing the school how much they've learned.





# Upcoming Events

## March 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5 Professional Develop. No School!	6	7	8	9
12 Early Out Day	13	14 PTA Mtg @ 10	15	16
19 Teacher Appreciation Early Out Day	20 Teacher Appreciation	21 Teacher Appreciation	22 Teacher Appreciation	23 Teacher Appreciation 5th Grade Girls' Maturation 6th Grade Boys' Maturation
26 Early Out Day	27 Kindergarten Registration	28	1	2

### March Birthdays!

Kathy Colton	4
Rick Rothaug	8
Shannon Hyatt	10
Taina Reece	15

### Next Month...

Spring Break- No School	April 1-6
PTA Meeting	April 11
Librarian Appreciation Day	April 16
5th Grade Immigration Day	April 16
Art Gala	April 26

#### Knowledge Bowl Competitions @ Oak Canyon Junior High

Primary Division (3/4 students)  
March 17 - 8:00 AM-12:00 PM

Intermediate Division (5/6 students)  
March 10 - 8:00 AM-12:00 PM

# Nursing News

March 2018

## NURSING NEWS- MARCH 2018

With the recent tragic school violence that occurred in Florida, I felt it important to address "School Violence and the News."

It's natural for kids and teens to worry about whether something may happen to them or their friends. To help them deal with their fears, it's important to talk about these tragedies when they happen, and to know what your kids watch or hear about them. This helps put frightening information into context.

Rather than waiting for your kids to approach you, consider starting the conversation. Ask what they understand about these incidents and how they feel about them. Share your own feelings, too. During a tragedy, kids often look to adults for their reactions. It helps kids to know that they are not alone in feeling anxious. Knowing that their parents have similar feelings helps kids legitimize their own. At the same time, kids often need parents to help them feel safe.

Unlike movies or entertainment programs, news is real. For some kids, the vividness of a news story about school violence may make them feel that might happen to them. A child watching a news story about a school shooting might worry, "Could I be next? Could that happen to me?"

## TIPS FOR PARENTS

\*Know which sources your kids turn to for news and information, whether they're watching TV or online.

\*Recognize that news doesn't have to be driven by disturbing pictures. Public television programs, newspapers, or news magazines specifically designed for kids can be less sensational and less upsetting ways for them to get information.

\*Discuss current events with your kids on a regular basis. It's important to help them think through stories they hear about. Ask questions: What do you think about these events? How do you think these things happen? Such questions also encourage conversation about non-news topics.

\*Watch the news with your kids to filter stories together.

\*Anticipate when guidance will be necessary and avoid shows that aren't appropriate for our child's age or level of development.

\*If you're uncomfortable with the content of the news or it's inappropriate for your child's age, turn it off.

Although it's true that some things can't be controlled, parents should still give kids the space to share their fears. Encourage them to talk openly about what scares them.

Kim Lowe, RN, School Nurse