

2016
MAY

explorer NEWS

principal's message
Dr. Joseph Backman

Fabulous Foothill Parents,

What an incredible school year this has been! As the year began, I could never have expected all of the great things that have occurred at Foothill this year. Of course, we remember our Epic fundraiser, and how through the combined efforts of our PTA, parents, teachers, local businesses, and Alpine School District we were able to raise more than \$360,000 to enhance student learning through technology and STEAM. This coming school year, this grant will allow us to have enough technology for a two student to every one-device ratio. This technology will not replace or remove any of the rich learning for students that has always occurred at Foothill, rather, will build upon great instruction to enhance students' learning opportunities.

We are proud to be a STEAM school! Our district has designated Foothill as a pilot school for the entire district because of the rich instruction provided for students to think and learn more deeply through STEAM. We are also excited that we received the state designation as a STEM school. Our purpose in being a STEAM school is to engage our students even more and to help them learn and be creative problem solvers. We are happy that our efforts have attracted multiple visitors to learn from the great things we are doing at our school, much like we have visited other schools to learn from their experiences. We were happy to have Alpine School District school board, superintendent, and cabinet visit Foothill; BYU and UVU professors and dean; local business owners; the Utah STEM Principal's Academy; and others. Our efforts at Foothill with STEAM will be implemented into seven neighboring elementary schools that feed into Orem and Timpanogos High Schools this coming school year.

Our theme this school year has been, "Leaving a Legacy." We have seen many clear examples of legacy leaving this school year. Our wonderful PTA has provided thousands of volunteer hours and has left a legacy that will be remembered for years to come. They made our Epic technology grant not only a possibility, but also a reality, while carrying on their many services to the school ranging from our Epic Fall Festival, to the astounding art and music programs, to the many extracurricular activities they provide. Our teachers, the heroes of our school, provide rich daily instruction for our students while providing a nurturing, positive environment for our students day after day. We could never thank our phenomenal teachers enough. They are the heart and strength of Foothill. We have also seen many examples of leaving a legacy from our wonderful students. We are proud of their achievements, for spreading sunshine through their childlike happiness, and their daily acts of kindness.

I am grateful to be the principal at Foothill Elementary. It is truly an honor to work with such wonderful parents, teachers, and students. We hope you will join us for our exciting events and activities this last month of school including our PTA-sponsored Art Gala and Spring Concert on May 12th from 6:45-8:00, the Foothill Spring Run-Off 3K on May 20th at 1:30, and our dance festival on May 25th at 9:30 to name just a few. Have a wonderful May!

Sincerely,
Dr. Backman (Dr. B.)
Principal, Foothill Elementary

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out of the loop?

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www.foothillpta.org

2016/2017 School Year
Begins August 22nd, 2016

UPCOMING EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Early Out	3	4	5 7:30 P.M. 5th Grade Hope of America	6
9 Early Out	10 Kindergarten AM Program 7 p.m.	11 Kindergarten PM Program 7 p.m.	12 Art Gala/ Spring Concert 6:45 P.M.	13
16 Early Out Teacher App. Week	17	18	19	20 3K Run
23 Early Out	24 6th Grade Graduation 10:30am	25 Dance Festival 9:30am	26 Field Day Last Day of Kindergarten	27 Last Day of School
30 Memorial Day Summer Starts!	31			

HAPPY BIRTHDAY!

Brittany Tingey	May 04
Missy Fielding	May 09
Sheri Evans	May 17
Wendy Fisher	May 23
Connor Hopkin	May 26

JUNE BIRTHDAYS

Jennifer Harris	June 01
Lauren Call	June 02
Kimberly Moore	June 13
Kelsey Mills	June 15
Laurie Hardy	June 21
Julie Siebach	June 24
Kaytlen Pearson	June 28
Kristie Rodas	June 29
Laura Campbell	June 30

JULY BIRTHDAYS

Lois Malone	July 03
Julie Gurr	July 13
Marla Hendrickson	July 23

president's message

Lisa Oliver

Wow! We are winding down another year...and it truly has been EPIC! As a PTA, we have accomplished so much and our students and teachers will definitely benefit from the Legacy our Foothill PTA has left for the 2015-2016 school year.

Because of the generosity and commitment from the community and Foothill families, along with forward thinking administrators and teachers, we are creating a true 21st Century School. I'm excited to see the new technology roll out and to have every student have access to new tools and teaching styles essential for our children's success.

What has begun at Foothill is spreading throughout the District. We have had a great impact on the future of Alpine School District and I am confident that the model and success exhibited at Foothill will help create change in schools District wide.

This is such an exciting time for our students to be at Foothill and next year will be even better.

As I reflect on the year, I would personally like to thank the wonderful PTA board; Amy Oakey (President Elect), Luisa Gough (Secretary) and Angela Jones (Treasurer). These women have spent countless hours, and have given so much for their personal talents and time to Foothill, the programs and "behind the scenes" work that has made this year a success. They are remarkable women and it has been my pleasure to work closely with each of them. Please thank them personally if you get a chance.

Mrs. Wakamatsu has been our PTA teacher representative this year and we have been so lucky to have her volunteer her time to work with us. Dr. B has been wonderful to work with as we have voiced out wishes, hopes and dreams for Foothill. We are so lucky to have the amazing support as a PTA.

In addition, I have tried to express my gratitude to all of the volunteers and PTA committee members who have run successful programs all year long for our students and teachers at Foothill. It is the many hands that have worked together to create this EPIC year!

Please watch for information on the many upcoming events. May is always a fun month with 6th grade graduation, Foothill's Fun Run, the dance festival, Art Show, Music and Dance concert, and Field Day. Please watch for signup opportunities to help with these events.

As I close this last President's message of the year I feel like although it has been a whirlwind at times, it has been a great opportunity to in some small way contribute to this great community we call "home!"

THE news

FREE HEARING SCREENING

May is Better Speech and Hearing Month! See page 6 of the newsletter for info on a free (no appointment necessary) hearing screening on May 24th from 9-11 a.m. Check in at the office and go to room 130.

PTA REIMBURSEMENTS

If you have receipts, please submit them by May 15th!

GET A JUMPSTART ON NEXT YEAR'S KNOWLEDGE BOWL!

Our Foothill Knowledge Bowl teams did great in the district competition focused on science. Three of our teams even made the top ten. Next year's competition will focus on the arts. Here are some musicals and summer readings to prepare:

For 3rd-6th graders--

Musicals: Oklahoma (RKO Film, 1955), South Pacific (Broadway Musical, 1949), The King and I (20th Century Fox Film, 1956), Sound of Music (20th Century Fox Film, 1965), The Music Man (Warner Bros. Film, 1962), Annie (Broadway Musical, 1976), Mary Poppins (Walt Disney Film, 1964), Wizard of Oz (MGM Film, 1939).

Books: Charlotte's Web by E. B. White, The Wonderful Wizard of Oz by Frank Baum, Harry Potter and the Sorcerer's Stone by J.K. Rowling, Show Way by Jacqueline Woodson, The Other Side by Jacqueline Woodson, Frindle by Andrew Clements, Babymouse: Queen of the World (graphic novel) by Jennifer Holm, Winnie-the-Pooh by A. A. Milne, The Legend of William Tell (no specific print or film version), Where the Sidewalk Ends by Shel Silverstein, The Giving Tree by Shel Silverstein, Charlotte's Rose by Ann Cannon, Snowmen at Night by Caralyn Buehner.

Fairy Tales:

Charles Perrault Stories—Cinderella, Little Red Riding Hood, Sleeping Beauty Hans Christian Andersen Stories--The Snow Queen, The Princess and the Pea, The Ugly Duckling Stories Collected and Published by the Brothers Grimm--Rumpelstiltskin and Snow White

Other Notable Stories--Jack and the Beanstalk, Beauty and the Beast, Three Billy Goats Gruff

Also learn all Caldecott Award Books illustrator, title, story line, characters, setting, year of award

For 5th and 6th Graders

Musicals: Les Miserables (Broadway Musical, 1987), Phantom of the Opera (Broadway Musical, 1988), West Side Story (United Artists Film, 1961), Cats (Broadway Musical, 1981), Joseph and the Amazing Technicolor Dreamcoat (Broadway Musical, 1982), Wicked (Broadway Musical, 2003).

Books: The Book of Three by Lloyd Alexander, A Series of Unfortunate Events: The Bad Beginning; The Reptile Room; The Wide Window by Daniel Handler (Lemony Snicket), Charlie and the Chocolate Factory by Roald Dahl Charlie, Dear Mr. Henshaw by Beverly Cleary, Island of the Blue Dolphins by Scott O'Dell, The Little Mermaid by Hans Christian Andersen, Peter and Wendy by J. M. Barrie, The Adventures of Tom Sawyer by Mark Twain, The Princess Academy by Shannon Hale, Fablehaven by Brandon Mull.

Also learn all Newbery Award Books author, title, story line, characters, setting, year of award

MORE news

MUSIC NEWS

We are looking for volunteers to help with Foothill Choir next year. Please contact Heather Nuffer (zzzuzz@gmail.com, 801-919-6515), if you would willing to be a director, assistant director, or accompanist. Thank you!

The Foothill Choir is having an end-of-the-year party on Mon. May 16, 2:35-3:30 pm in the gym. We will have fun games and food!

We will also have an assembly with the orchestra, choir, and ballroom on May 12 in the afternoon. To start off, the whole school will combine to sing the song "We're Building a Musical Legacy," accompanied by the orchestra.

ARE YOU CONCERNED ABOUT YOUR BABY'S DEVELOPMENT?



No two kids progress the same way, that's why it's hard to tell when you should be concerned about differences in their development. Most babies at...

TEN WEEKS:

Hold up their heads, look at objects, and begin to coo.

SIX MONTHS:

Roll over, babble, and grasp objects.

NINE MONTHS:

Begin to crawl, sit alone, and start eating finger foods.

ONE YEAR:

Take first steps, point or wave, and say several words.

TWO YEARS:

Run and use two to three word sentences.

Most differences are nothing to worry about, but sometimes it can signal a need for Early Intervention Services. Contact Kids On The Move to schedule a free consultation. Visit our website for more information on developmental milestones.

kids on the move
kids on the move.org 801.221.9930



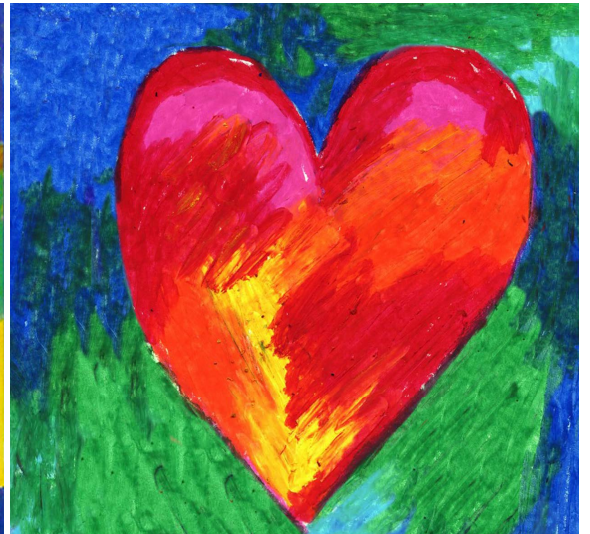
FOOTHILL ELEMENTARY

6TH
annual

Art Gala AND Concert

May 12, 2016
6:30-8:30 pm
at the school

Concert
7:00 pm
in the auditorium



LEAVING A LEGACY

NURSING news

I can't believe we are almost done with another school year!!!!

This time of year I always like to share as a reminder some summer safety information.

HERE ARE SEVEN SUMMER SAFETY TIPS!!!!

1. Apply sunscreen with SPF 15 or greater to reduce the intensity of ultra violet rays that cause sunburns. Apply it 15-30 minutes before sun exposure. Reapply sunscreen every two hours or after swimming or sweating. Stay in the shade whenever possible. Limit sun exposure during the peak intensity hours between 10 a.m. and 4 p.m.
2. Drink plenty of water and fluids when you go outside to avoid dehydration.
3. Take time to ensure that outdoor play areas are safe, including play areas around your homes. This protects children from injuries in their own backyard.
4. When you are out on the trail, whether hiking, camping, or hunting, protect yourself from mosquitoes and other bugs by using insect and tick repellent.
5. Drowning is the second leading cause of death among Utah children under the age of 14. Water accidents are also a major cause of life-altering brain injuries every year. There's simply no substitute for 100% supervision. Watch your children at all times whenever they're around water.

REMEMBER: DON'T JUST BE THERE, BE AWARE!!!!

6. Boating safety includes: children should wear life jackets at all times when on boats, docks, or near bodies of water. Make sure the life jacket is the right size for your child. The jacket should not be loose and should always be worn as instructed with all straps belted. Blow-up water wings, toys, rafts, and air mattresses should not be used as life jackets or personal flotation devices. **ADULTS SHOULD WEAR LIFE JACKETS FOR THEIR OWN PROTECTION AND TO SET A GOOD EXAMPLE!!!**
7. Infants and small children are not able to regulate their body temperature in the same way that adults do. Every year, children die from heat stroke from being left in a hot car, often unintentionally, with the majority of these deaths occurring in children 3 and under. Always check the back seat to make sure all children are out of the car when you arrive at your destination. Place your cell phone, bag, or purse in the back seat, so you are reminded to check the back seat when you arrive at your destination.

I'LL MISS SEEING EVERYONE THIS SUMMER!!!! PLEASE HAVE THE BEST SUMMER EVER AND BEFORE WE KNOW IT, SCHOOL WILL BE STARTING AGAIN!!

Kim Lowe, RN, School Nurse



May 1, 2016

Dear Parents:

Many parents do not recognize the early signs of a critical health issue: communication disorders. Speech, language, and hearing disorders are among the most common disabilities in the United States. This month, during the national observance of Better Hearing and Speech Month, we encourage parents to take stock of their child's communication health. Sometimes, problems achieving academically, or social or behavioral issues in school, may be the result of an undiagnosed speech or hearing disorder. It is important for parents to be attuned to the early warning signs of these conditions.

The American Speech-Language-Hearing Association (ASHA), through its Identify the Signs campaign, offers many resources to help parents learn about these disorders. Visit <http://identifythesigns.org> to learn more about what to watch for and treatment options.

Prevention, especially when it comes to noise-induced hearing loss, is of growing importance with skyrocketing use of personal audio technology among kids. Many children have access to smartphones, tablets, and other devices—and use these with accompanying headphones or ear buds at high volumes (and for long periods of time). One in 5 kids ages 12–19 is suffering from hearing loss, an increase of 31% since the late 1980s/early 1990s. Year-round, but especially as we move into the summer months with increased leisure time, it is important to impart safe listening habits to your children. These include listening at half volume and taking listening breaks. It is also key to demonstrate this behavior—practice what you preach. You can find helpful resources from another ASHA initiative, the Listen To Your Buds campaign, at www.facebook.com/listentoyourbuds.

We will be offering **free hearing screenings** for parents on Tuesday May 24th from 9-11 in room 130. No appointment will be necessary.

If you have any concerns about your child's speech or hearing, please feel free to contact us. We can be reached at 801-610-8107 ext. 523130, jenniferharris@alpinedistrict.org, hflom@alpinedistrict.org.

Sincerely,

Helen Hastings M.S./CCC-SLP
and
Jen Harris M.S./CCC-SLP

WOMEN'S BASKETBALL

2016 SUMMER CAMPS

**JUNE
3-4**

Team Jamboree Bantam Division

- 5/6th grade and 7/8th grade teams
- 5 Game Guarantee + Free T-Shirt
- \$400 per team
- We will work to accomodate scheduling needs



UVUwbb



UVUwbb



/UVUWomens
Basketball

**JUNE
14-16**

Individual Youth Camp

- **Only \$100 registration fee + Free T-Shirt**
- For boys and girls entering grades K-8
- 9am - 12pm
- For Beginner, intermediate, and competitive players who want to improve their basketball skills. Skill development will be in shooting, ball handling, passing and rebounding. Groups will be made according to skill levels and basketball games will be played by the end of the week.

Contact Assistant Coach Adam Wardenburg 801-602-9054 | adam.wardenburg@uvu.edu



**FOR MORE INFORMATION
AND TO REGISTER, VISIT:**



REGISTRATIONELITE.COM/UVUWOMENSBASKETBALL

All camps are open to any and all entrants (limited only by number, age, grade level and gender)

FOOTHILL ELEMENTARY
921 North 1240 East
Orem, Utah 84097

